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## Santa Barbara Protocols for Symptoms, Potential Exposure and/or Close Contact with an Individual Testing Positive for COVID-19 in a School or Classroom Setting

Student or Staff with:	ACTION	DISTRICT COMMUNICATION
1. Any of the COVID-19 symptoms, (***) answers yes to a health screening question, or has a temp of 100.4 or above.	<ul style="list-style-type: none"> <li>Individual sent home, isolate at home.</li> <li>If the individual is symptomatic (and does not get evaluated by a healthcare provider) then they are to isolate at home for at least 10 days from symptom onset, <b>AND</b> until symptoms improve, <b>AND</b> there is no fever without fever-reducing medication for at least 24 hours. <b>When all these criteria are met a note from a healthcare provider is not needed.</b></li> <li>Family contacts their healthcare provider immediately for medical evaluation which may include testing. Individual isolates until evaluated by health care provider. If tests positive for COVID-19, see #3; if tests negative for COVID-19, see #4; if healthcare provider diagnoses another cause of symptoms and provides, see #5.</li> <li><b>Classroom/stable group OPEN.</b></li> </ul>	<b>No communication to class.</b>
2. Close Contact (see definition below) with a confirmed COVID-19 case.	<ul style="list-style-type: none"> <li>Send home if at school</li> <li>Exclude from school for 10 days from last exposure, per CDPH quarantine recommendations</li> <li>Recommend testing 5 – 7 days from last exposure (but will not shorten 10-day exclusion if negative).</li> <li>If any symptoms develop contact medical provider for evaluation.</li> <li><b>School/Classroom remain OPEN.</b></li> </ul>	<ul style="list-style-type: none"> <li><b>Consider school community notification of a known exposure.</b></li> <li><b>No action needed if exposure did not happen in school setting.</b></li> </ul>

3. Confirmed COVID-19 case	<ul style="list-style-type: none"> <li>• Notify the local health department - If 3 or more cases within 2 weeks contact SBPHD Community Health Nurse/Disease Control (805-681-5280)</li> <li>• Exclude from school for 10 days from symptom onset date, or, if asymptomatic for 10 days from specimen collection date.</li> <li>• Identify school contacts (*), inform the local health department of identified contacts, and exclude contacts - possibly the entire stable group (**) - from school for 10 days after the last date the case was present at school while infectious.</li> <li>• Recommend testing asymptomatic contact 5 – 7 days from last exposure and immediate testing of symptomatic contacts, (negative results will not shorten 10-day exclusion).</li> <li>• Disinfection and cleaning of classroom and primary spaces where case spent significant time.</li> <li>• <b>School remains open.</b></li> <li>• <b>Close contacts, stable group closes (**)</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>School community notification of a known case</b></li> <li>• <b>Notification of persons with potential exposure if case was present in school while infectious</b></li> </ul>
4. Tests negative after symptoms	<ul style="list-style-type: none"> <li>• May return to school after 24 hours have passed without fever and symptoms have started improving</li> <li>• <b>School/classroom remain OPEN.</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Consider school community notification if prior awareness of testing.</b></li> </ul>
5. A medical provider diagnoses another cause of symptoms	<ul style="list-style-type: none"> <li>• Medical provider provides note with return to school instructions following guidelines for the specific illness.</li> </ul>	

(\*) A contact is defined as a person who is <6 feet from a case for >15 minutes. In some school situations, it may be difficult to determine whether individuals have met this criterion and an entire cohort, classroom, or other group may need to be considered exposed, particularly if people have spent time together indoors.

(\*\*) See Stable Group Guidance for a definition of stable group. Generally, the entire stable group will be excluded from school for a period of 10 days if the positive COVID case was in school during the infectious period. Only if school personnel can confirm that there was not close contact with a positive case during the infectious period, would individual members of the stable group not be excluded from school.

### (\*\*\*) Symptoms of Coronavirus

This list does not include all possible COVID-19 symptoms. CDC and CDPH will continue to update this list.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing

- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Nausea or vomiting or diarrhea